THE MONROE INSTITUTE BULLETIN

SPRING 1989 VOLUME X, NO. 2

New Tapes On The Horizon

Watch for release dates to be announced in the next TMI BULLETIN.

1. Out-of-Body Adventures

Scripted and voiced (in part) by Robert Monroe.

Bob Monroe has completed the pilot for a new OUT-OF-BODY ADVENTURE SERIES on audio cassette. The pilot is based on the adventures of his best selling *Far Journeys*. You'll discover a familiar cast of characters (including Bob) and a production reminiscent of Bob's days in broadcast radio and television. Side 1 of each tape will offer the dramatized "adventure," while Side 2 will contain a discussion with Bob Monroe and Rita Warren about the phenonmena on Side 1. (Rita is a member of TMI's Board of Advisors, a professional member of TMI, and a long-time Explorer monitor.) We think you'll enjoy the OUT-OF-BODY ADVENTURE SERIES.

2. The Human Holiday

Dear Soul,

The Finite Corporation cordially invites you to join a select group of souls for our sales presentation of The Human Holiday, *the most magnificent incarnation ever offered. Over four billion years in the making, the Human Holiday package embodies the ultimate in incarnation luxury.*

Join our regional vice-president, Midal Gogat, for a multimedia extravaganza that takes you on board our flagship Earth for a vivid taste of Human life:

...Thrill to the startling variety of Human emotions.

...Bask in the extraordinary richness of Human existence.

...Marvel at the Human Form, created exclusively for Finite by the incomparable designer Trellisonde.

If your soul is tired of impeccable perfection or overloaded by eternal bliss, all of this is yours on board the Earth, playland of the Finite Human.

Eternally yours,

Agon Balthasadew, President The Finite Corporation

(A just-for-fun tape, this spoof on reincarnation was written and produced by Christopher Hastings.)

Copyright 1983, A & R Productions, All Rights Reserved

3. Super Sleep

Released by popular demand. Originally developed for the GATEWAY VOYAGE and GUIDELINES programs, *Super Sleep* is a Hemi-Sync tape designed to help you remember your activities during the sleep state. Program participants have successfully lobbied that this tape be released as a single cassette.

Generally, we sleep in 90 minute cycles. *Super Sleep* reinforces the natural cycle with Hemi-Sync signals. At various points Bob Monroe's voice will softly remind you to remember what you are experiencing when you return to physical waking consciousness.

The sleep pattern takes 90 minutes, using both sides of this tape. Therefore, it is necessary to have a continuous-play auto-reverse cassette player to enjoy the benefits of this exercise.

We recommend that *Super Sleep* be played over open speakers, as it is in the CHEC units during programs, since headphones are not usually comfortable to wear during sleep. A normal stereo system set up will do.

Following *Super Sleep*, you may find it helpful to start the day with a wake up exercise such as the MIND FOOD tapes *Cable Car* or *Morning Exercise* or consider *Mission Day* from the GATEWAY EXPERIENCE *Exploring* album (Wave V).

CONTEST! CONTEST!

In celebration of its 10th year, The Monroe Institute *BULLETIN* is looking for a new name! If you have an artistic bent, any graphics ideas for the masthead would be welcome as well. Just imagine, the name you think of could go down in history!

If your idea is chosen as the winner, you will receive a copy of Bob Monroe's new biography (see page 4), signed by Bob himself! Send in your ideas by June 15 to: *TMI BULLETIN*, c/o TMI.

© 1989 The Monroe Institute Route 1, Box 175, Faber VA 22938 804/361-1252

H-PLUS IMPRINT: Tape of the Quarter

This quarter brings you another HUMAN-PLUS tape, called *Imprint*. This tape is designed to help you both to *record* and *recall* any information or experience.

The hallmark of the Human-Plus system is that it capitalizes on *innate human functioning*. Your brain already has encoded within the webwork of its hundred-million-or-so neurons the exact memory of your entire life experience. Back in the 1950's, Canadian neuroscientist Dr. Wilder Penfield, through mild direct electrical stimulation of subjects' brain tissue, was able to evoke vivid memories that contained not only all the sensory information of long-past experiences, but extremely rich psychic and emotional information as well. Whether through cultural conditioning, habitual disuse, or self-limiting concepts, we have closed off our access to the boundless potential of our brain to provide us with memory information. Instead, we struggle and strain and use all varieties of mnemonic techniques to remember even the most simple items, often only to fail, like when we've determinedly walked all the way back to Aisle 2 in the grocery store, and cannot for the life of us recall why. With *Imprint*, the natural potential of your brain becomes available to you.

The *Imprint* function makes use of the Hemi-Sync technology by assisting you in establishing a coherency and synchronization of the electrical functioning of the left and right brain hemispheres. Within this enhanced learning environment, you are guided in the opening of an *Access Channel* that creates a condition in which your mind, body, emotions, and total self are highly receptive to new patterns of behavior. With this Access Channel open, you are given an instruction that directs your entire being in a method to store in memory any information that you desire, and also to recall that information at will.

To use the *Imprint* function, all you need to do is inhale deeply, focus your attention on what you want to remember, say or think in your mind, "Plus - Imprint Imprint," then exhale through your mouth. To recall memory information, all you need to do is say or think "Plus - Recall."

Before you listen to the side of your H-PLUS tape that is labelled "Imprint," you first need to have practiced establishing your Access Channel. To do this, listen to Side 1 of the tape, labelled "PREP." To optimize your learning of the H-Plus function, we recommend that you listen to the tape while sitting or lying down in a comfortable position, in a place where you will be free of distractions and interruptions. Remember to use stereo headphones.

H-PLUS functions can be made more powerful and effective if used in combination. Just before using *Imprint*, you may find it helpful to use the *Relax* and the *Attention* functions. You might even try using the "Plus - Recall" command for information you *haven't* stored using the *Imprint* command, and see how it works!

Use *Imprint* to store and recall telephone numbers, grocery lists, dreams material, names at a party, or when reading or studying. Remember that results come with frequent use, so if at first you don't succeed.... *(now what was the rest of that saying?)*

GO KUDOS

It is with great pleasure that we announce this issue's GO Trainer(s) of the quarter, Connie Stafford and John Dumais. Special congratulations are due Connie and John for their outstanding efforts in designing and training the new GO TRAINER SEMINAR, which includes the H-PLUS workshop training.

Connie and John have been accredited Gateway Outreach Trainers since 1986. Connie is also a member of the Professional Division, as well as an active networker among GO Trainers, committed to sharing her ideas and enthusiasm. As a licensed nurse and hypnotherapist, she is currently volunteering her time and skills at a local hospital where she works one-on-one with cancer patients using guided imagery, Hemi-Sync, and other forms of intervention to help them

continued next page

KUDOS
continued from previouspage

through the trauma of the disease. John has been active in supporting the growing network of GO Trainers through his editorial efforts for the *GO!OD VIBRATIONS* newsletter, and in 1988 he joined TMI's program staff as a trainer for the GATEWAY VOYAGE and H-PLUS intensives. He has a B.A. in Psychology from Harvard University, and is Director of *Awareness For Living*, through which he offers workshops and consultations for individuals and groups on a variety of brain/mind and human communications topics. John has also been the Managing Editor for the Winter and Spring 1989 issues of the *TMI BULLETIN* and *BREAKTHROUGH.*

The February GO TRAINER SEMINAR was a great success. All participants felt that the seminar exceeded their expectations. Among the comments made by participants were: "Excellent ability of the trainers to provide clear instruction during the entire presentation;" "This was an excellent seminar and was valued and enjoyed by myself and all participants that I had a chance to speak to;" "Learning how to teach this to others can actually be more rewarding than I expected."

Through their continued dedication, commitment and contributions, Connie and John have helped to underscore the success of GATEWAY OUTREACH. We extend our sincere appreciation and gratitude for their long hours and the care they have given, and continue to give, in helping to ensure the success of GO.

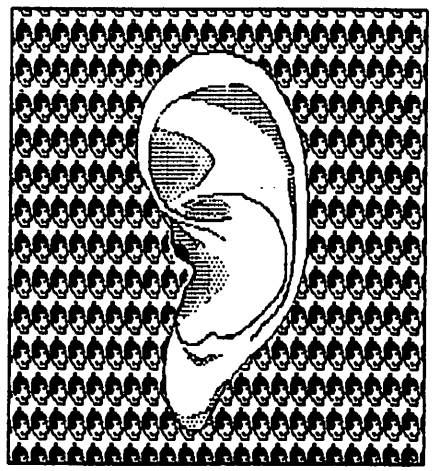
FEEDBACK

Reports from our world-wide community on the positive results of Hemi-Sync

Hemi-Sync and Surgery

The following excerpts are from a letter written to GO! Trainer Geoffrey Lyford of Calgary, Alberta, by Joyce Wilson, a participant in one of his EXCURSIONS.

A note of thanks for the use of your Hemi-Sync tapes. It is five weeks today since my surgery on July 25.



I had two similar surgeries on October 28, 1983 and March 1, 1985, but this experience was dramatically different. It is my belief that using the Hemi-Sync tapes designed for Pre-Operation, Intra-Operation, Recovery Room and the Energizing Walk is the distinguishing factor. This surgery was truly a positive growth experience for me...

I found it reassuring to listen to the tapes from time to time during the five days prior to the surgery. I also used techniques learned in the Excursion Workshop to deepen myself in a relaxed yet focused state.

The evening prior to and the morning of surgery I listened to the Pre-Operation Tape. I put the Intra-Operation tape into the tape recorder just before leaving to go to the operating room...

I was told later that only a minimal amount of anesthetic was required to keep me sedated during surgery. My vital signs were strong and I was relaxed and calm throughout the entire operation...

The following day I was alert and energetic. Much to the consternation of the nursing staff I did not require anything for pain because I had no pain! I have no recollection of any pain whatsoever with this surgery.

The incision healed remarkably quickly. I resumed normal activity within three weeks, which is months ahead of where I was with my two previous surgeries.

I had family and many friends who prayed for me and sent me love and energy for which I am grateful. The kindness and generosity shown to me by Reni and yourself is sincerely appreciated. All of this has helped more than I can consciously realize.

I do also believe that the Hemi-Sync tapes are greatly responsible for my extraordinary progress.

Resonant Love Balloons

The following is from a letter by B.P, who lives in San Francisco.

In meditating with the TMI tapes, I visualized creating an energy balloon and playfully thought, well why not make it go around my whole soul? It got bigger and bigger until I saw in my mind's eye a giant sphere, in which my present body was about the size of a peanut. Seeing no one else, I asked, "who's there?", but there was no answer.

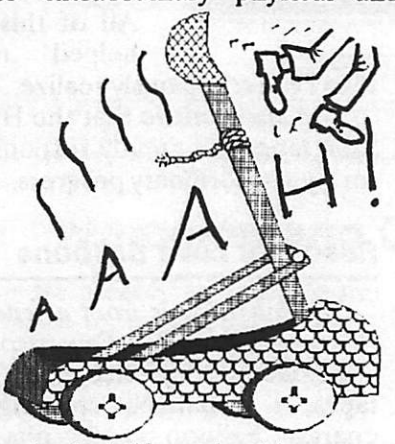
continued next page

FEEDBACK
continued from previous page

My most profound meditations these days come from sending "zaps" to others. I create or draw to me a sphere of loving energy that I visualize sending to them to caress and comfort, to cheer or enlighten. When I do this, I also feel enveloped in the energy. I did this once flying back to San Francisco on a Friday night from Chicago—one of my all-time most uncomfortable regular trips. In particular, I visited in my mind's eye a very sick friend and found her in good shape, with a lovely dark-haired woman standing smilingly by her. The impression I had was "all is well." I later learned she was in remission from what has proved to be a terminal cancer. When I arrived—I had been able to hold the meditation for quite a long time, sitting cross-armed straight in my seat, eyes closed—instead of my usual stiff, dragged out and fatigued body, I felt as if every cell had been caressed and energized. I felt filled with light and did not suffer any of the painful effects of the trip on that occasion.

!!NEWSFLASH!!

Catapult, an authorized biography of Robert Monroe, written by Bayard Stockton, is due out this spring. Bayard, former Bonn bureau chief for *Newsweek* and a graduate of Institute programs, has spent the last couple of years speaking to many people who have known Bob, and has had numerous sessions with Bob himself. His book chronicles "The extraordinary physical and



non-physical life and achievements of the ultimate adventurer," and includes many stories and much information never before made public. *Catapult*, being published by The Donning Company Publishers, will be available this summer through the Institute.

Hemi-Sync Paintings

The following is from a letter by Alison Perrott, of Fleet, Hants England. Her husband, John, is a GO Trainer.

...I had worked with the H-PLUS tapes prior to the Workshop but doing the weekend intensive brought the whole H-PLUS experience into focus and, to my great delight, the quality of my life has already improved with using the functions daily. I particularly enjoy using the functions in combination and the 'fine-tuning' that this enables...

Su and I have been fairly prolific with Hemi-Sync painting (listening to Hemi-Sync music, letting go and painting what emerges) with some wonderous results. We recently put on an exhibition of our paintings and received some very positive feedback from several people, one of whom has been inspired to do his own free-flow painting... It is still quite strange to see our paintings nestled in amongst the still-life fruit bowls and landscape paintings.

Hemi-Sync is an integral part of our lives (our daughter was born to it and she has *Surf* playing in her bedroom throughout the night) and we aim to promote it at all opportunities. As John once

continued next page

TMI Programs on the Road

The Joy Lake Mountain Seminar Center near Reno, Nevada, will be hosting the following TMI programs in 1989:

Weekend Gateway Voyage:
May 26-28

Gateway Voyage 6-Day:
May 29-June 4

Weekend Gateway Voyage:
August 25-27

Gateway Voyage 6-Day:
August 28-September 3

H-Plus 6-Day:
September 4-10

Joy Lake is located in the rural Sierra foothills twenty miles south of Reno, and boasts a quiet forest setting, a man-made lake, footpaths, llamas, and peacocks.

For reservations and/or additional information, contact: Joy Lake Mountain Seminar Center, P.O. Box 1328, Reno, Nevada 89504 (702) 323-0378.

* * * * * * * * * * * * * * * * * * * *

In the last *BULLETIN*, upcoming TMI programs in Hawaii were mentioned. We are sorry to inform you that no TMI programs are currently scheduled in the Aloha State. However, several of our program Trainers are still willing to consider taking on such a hardship assignment. To that end, we would like to inquire of our membership: Would you seriously consider flying to Hawaii in 1990 for a GATEWAY VOYAGE and/or a HUMAN-PLUS program if we were to organize one? And if you would, is time of year important to you? Please send your thoughts on this to David Mulvey, Director of Programs, c/o TMI.

FEEDBACK
continued from previous page

said, "It (Hemi-Sync) is so valuable, I think Bob (Monroe) would add it to breakfast cereal if it could be 'fed' to people that way!"

Hemi-Sync and Crystal Healing

From a letter by Dennis McGuire, Calgary, Alberta

In November 1987 I was contacted by a middle-aged man who was diagnosed as having terminal cancer of both lungs. At that time, he came to me for a crystal healing, and since then I have worked with him on nine different occasions.

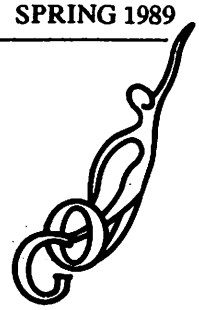
On August 6, 1988, I used *(Metamusic) Outreach*, followed by *(Metamusic) Trailing Edge*. This man had always had a hard time relaxing, but in the first twenty minutes of the session he started moving into a deeper relaxation state. By the end of the tape he was sound asleep. On awakening he seemed to be more relaxed than he had been in previous treatments.

I would like to report at this time that I feel Hemi-Sync tapes are a wonderful tool in my healing work.

PREP PROGRAM

The Institute's new Personal Resource Exploration Program (PREP) has received an excellent response since it began in January.

The cost of a single PREP session is $75. The session lasts approximately 1 1/2 hours, beginning with an interview, followed by a guided exploration session in the booth, and ending with a debriefing with the monitor. For an application, call or write: PREP, c/o the Institute.



REACHING OUT

EXCURSION and *HUMAN PLUS* **Workshops Scheduled**

The GATEWAY OUTREACH (GO) program is a network of accredited GO Trainers throughout the United States and other parts of the world. GO Trainers offer two-day workshops called EXCURSIONS, and two-day workshops called H-PLUS. The EXCURSION allows participants to experience the levels of consciousness called FOCUS 10 and FOCUS 12. The purpose of the EXCURSION is to provide an opportunity to learn to perceive, understand, and communicate in nonphysical energy environments, and there is an emphasis on integrating practice tools for use in daily life. The H-PLUS workshop is an intensive application of the HUMAN-PLUS system of self-evolution, in which practical, powerful tools are offered for gaining greater control over the physical, emotional, mental and spiritual aspects of ourselves. The H-PLUS workshop assists the participant in shifting his or her belief system into a "know-system," and offers a gentle but effective way to learn new modes of thinking, feeling and being that express more of our inherentlyunlimited potential.

The following workshops are scheduled for the next few months:

EXCURSION WORKSHOPS:

BETHLEHEM, PENN. AREA
8 week series starting April 3
Contact Beverly Morgan (215) 867-9582

NEW JERSEY AREA
April 15 & 16
Contact Beverly Morgan (215) 867-9582

EDMONTON, ALBERTA (CANADA) AREA
April 15 & 16
Contact Geoffrey Lyford (403) 276-5760

ANDREAS, PENN. AREA
April 29 & 30
Contact Tim Hawk (717) 386-3610

ALBUQUERQUE, NEW MEXICO AREA
April 29 & 30
Contact Karen Luciani (505) 298-5338

CLEVELAND, OHIO AREA
April 29 & 30
Contact Patti Leva Michael (216) 349-1148

LILY DALE, NEW YORK AREA
April 15 & 16; April 29 & 30
Contact Shirley Calkins Smith (716) 595-3452

FT. MYERS, FLORIDA AREA
April 29 & 30
Contact Robert Spaulding (813) 267-8893

LAFAYETTE, CALIF. AREA
April 29 & 30; June 10 & 11
Contact Margaret Buck (415) 283-5175

HOUSTON. TEXAS AREA
June 17 & 18
Contact Tita Toro (713) 667-2315

SAN DIEGO, CALIF. AREA
April 29 & 30
Contact Steve Turner (619) 272-7760

H-PLUS WORKSHOPS:

WASHINGTON, DC AREA
April 22 & 29
Contact Jonathan Bosch (301) 649-5813

MARIETTA, GEORGIA AREA
April 29 & 30
Contact Thee Baltimore (404) 980-1724

CLEVELAND, OHIO AREA
May 6 & 7
Contact Patti Leva Michael (216) 349-1148

HOUSTON, TEXAS AREA
April 29 & 30
Contact Tita Toro (713) 667-2315

LONDON, ENGLAND AREA
April 29 & 30
Contact David Forgham-Bailey (01) 228-3034

The Monroe Institute Program Schedule 1989

All programs listed below will be held at
The Monroe Institute Center in Faber, Virginia.

GATEWAY VOYAGES

April 1-7
April 29-May 5
May 13-19
June 10-16
July 8-14
July 29-August 4
August 12-18
September 23-29
October 7-13
November 4-10
December 9-15

GUIDELINES

May 6-12
July 15-21
November 11-17

GO RETREAT

August 19-24

HUMAN-PLUS

June 24-30
October 14-20
December 2-8

PROFESSIONAL SEMINAR

July 22-28

GO TRAINING SEMINAR

June 17-23

GATEWAY GRADUATE RETREAT

September 3-9

BOARD OF ADVISORS MEETING

July 28

A Friend Passes On

The Monroe Institute wishes to honor the memory of **Ruth Domin** and the many contributions she made in her hospice work and to the Institute.

Ruth, who recently died from cancer, was a loyal friend and valued associate of the Institute.

After her initial interaction with us in the mid-70's as a program participant, she became a motivational force for us with her numerous suggestions on how we might extend Hemi-Sync technology to others in need. In 1981, Ruth became a member of the Professional Division. Her work as a Professional Member in creating a program of aid and comfort for the dying has been instrumental in our ability to serve in this area. She mobilized other professionals to develop and run a pilot study utilizing the Hemi-Sync technology toward the implementation of the Life Transitions Tapes Project. Her commitment to the achievement of this project remained steadfast to the day she died.

The Institute is privileged to share in her work of assisting those in the midst of life and death transitions.

Welcome and Congratulations!

We are pleased to welcome the following people to our staff:

Teena Anderson- Explorer & PREP Monitor

Joy Hughes- Housekeeping

Nellie Lane- Housekeeping

Heather Lyman- Shipping Coordinator

Cheryl Sweeney- Sales

We are pleased to announce the following promotions:

Shirley Bliley- Projects Coordinator

Teresa Critzer- Manager of Personnel & Administration

Jeannie Shreves- Center Coordinator

Carol Johnston- Gateway Outreach & Customer Service Coordinator

CLIP TIPS

We depend on our members to send us clippings of news items, editorials, columns, book reviews, research reports, etc., as commercial clipping services are prohibitively expensive.

When you see an item in a newspaper, magazine, or professional journal that you feel is relevant to our work here at TMI, please cut it out or photocopy it, indicate the date and source, and send it to: The Monroe Institute, Route 1, Box 175, Faber, VA 22938. Thanks!

Thank You!

We at The Monroe Institute wish to extend our heartfelt gratitude for all the generous donations we received from the friends of the Institute listed below, in reponse to last November's fundraising letter. We will be keeping you apprised of how your donations are being used in future issues of the *BULLETIN*. Thank you!

♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥

Lois-Don Beard, Dr. Lance Bibin, Martin A. Dale, Sheldon Dorenfest, Paul King, Phyllis Whitney Jahnke, David Meltzer, Afton Roch, David Stanley M.D., Grey Woodman M.D.

♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥

T.W. Bliss, Kenneth Chin, Lesley Cram, Evelynn Culver, Donald Davis, William Grant, Deborah C. Guntermann, Dr. L. DeLynn Hansen, Robert Horton, Ima Anita Jones, William S. Keefe, Muthusami Kuppusami M.D., Milton Leary, Alice Loebel, Virgil & Mary Mercer, Edgar Michaelis, Howard W. Mitchell, Suzanne Evans Morris, Simone Caillot Nail, Holly Olson, Virginia Patterson, Rodney Plimpton, Noel Rabbitte, Richard L. Racette D.D.S., Catherine Raphael, Sadare Raymond, Roger Reckis D.D.S., Mrs. Bob Ricks, David Ritchey, Richard Satterfield, Jack Scher, Sherrill Sigmen, Philip Shaffer, Harry Shay, Susan Shekerjian, Andrzej Slawinski, Samuel Smyth, Robert Stephenson, Rick Stewart, TBC Corporation, Ken & Cathy Tuggle, Rene Ufer, Harry Walsh, J. Frank West, Steven Whittier, Dan Wood, Anonymous

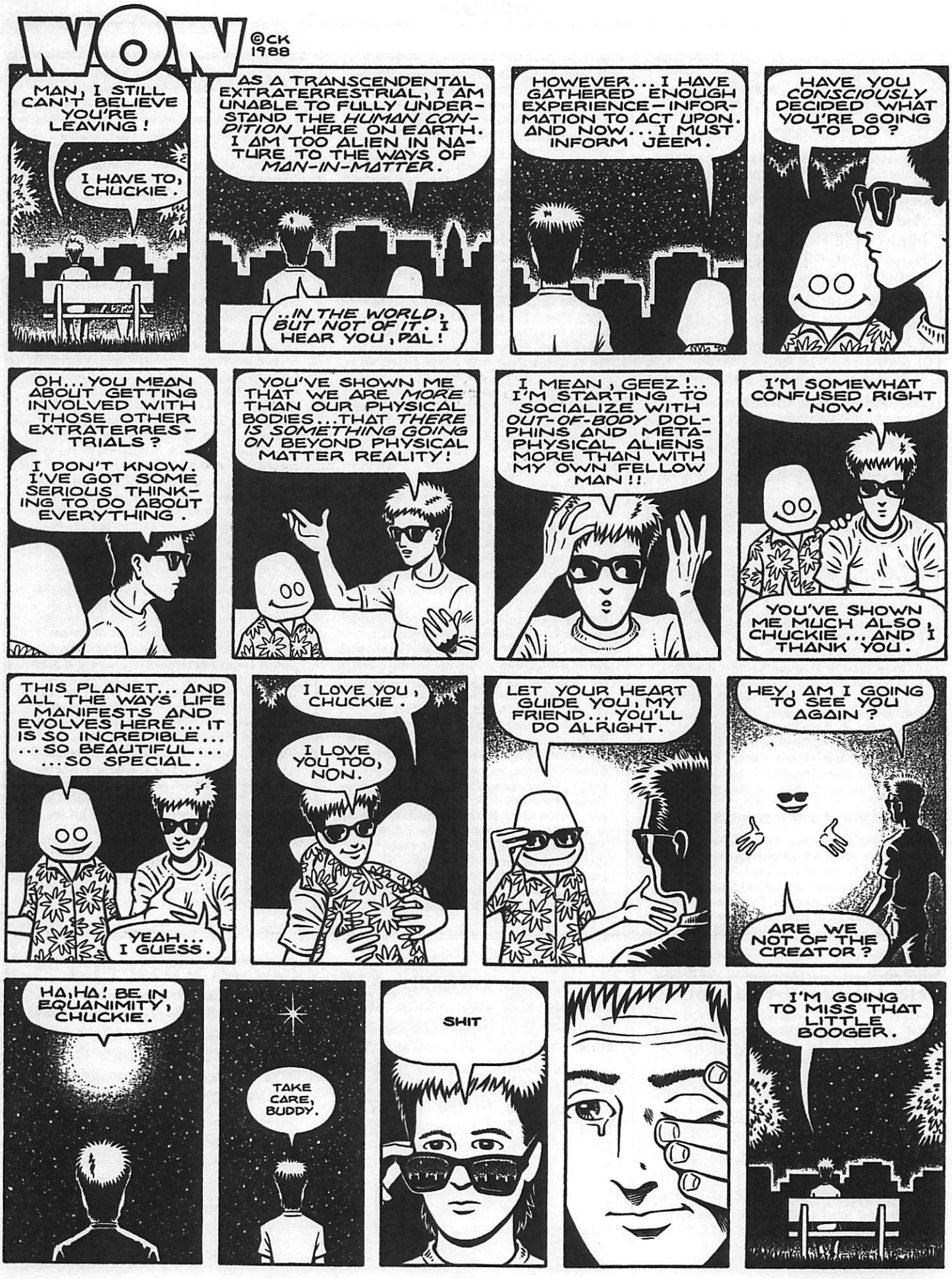
♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥

Lola Alley, Richard & Margaret Andrews, Mary Ann, Rolland Arrighi, Harry Bates, Lawrence Baird, Steven Bard, Alvin L. Balzer, William F. Barker, Daniel Michael Beal M.D., Robert W. Bedeau, Evan Beede, Cindy Bergum, Dr. Alan Berman, Henry Bernstein, Carl Betancourt, Ben Blatt, William Boone, Anneke Boddhe Bouman, Bill & Jackie Boyle, Robin & Dan Brake, Ursula Brandle, Robert Bray, Michael Brickey, Jack Brightwell, David Brine, Robert D. Brown, Ronald & Mary Bryan, Joyce Bucholz, Anthony Busch M.D., Robert Calkins, Rena Callewaert, Don Campbell, Rosemary Campbell, Virgil S. Carley, Mark & Dawn Carter, Marshall Chess, Thomas Conner, Anna O. Corrigan, Mr. & Mrs. James Covingston Jr., Mary Louise Cox, James Cross, Bruce Curry, Kirke Curtis, Dana Cushing, Frank Daley, Janis Davis, John Davis, John DeCou, Carl Desousa, Gilles Despas, Robert Detelich, F. de Vries, Daniel Dickson, Mary Ann DiPinto, Dan & Leona Dolan, Ruth S. Domin, Donna Douglas, Steven Drozdeck, Stephen Dunn, Penny Ebbitts, Vernetta Elkins D.D., Joe F. Elliott, Dave & Reglindis Emerson, Maria Epes, Gary Erickson, Daniel Erway, Dale Felzien, Dennis Fera M.D., Patricia Fields, Edwin Fitzgerald, Elisabeth Fitzhugh, Vernard Foley, Thomas Fordham Jr., A. Finley France, Carolyn Franck, Edward Frye, George Galpin, Gerard Garboushian, Anita S. Garr, Roger Garver, Juan Garza, Michael Geoh & Aurora Daniels, Joyce & John Gibbons, Carol Gillette, Salli Girard, Ruth Glatt, Peter Gleisberg, Istvan Gorgenyi, Judith Gorman, Benita Rauda Gowen, Janusz Grabowski, Jane Granite, Mary Gray, Michael Green, James Gryn, Donald F. Halagan, Lutz Halfmann, Richard Halpern, Sunny Hand, Frankie Lee Hankins, John Harbutt, William Harry, Dora Harting, Harry Hartman, Mary Jane Haupert, Desi J. Haupsi, Ursula Hauser, Faye Hayes, C.L. Heinrichs, Juan Hanandez, Ruth Hetzel, Sam Hicks, John Hodges, Munroe Holley, Charles Hollingshead, Christian Hollwich, Dick W. Hooker, John Howe, Richard Howell, Mazer Husain, Bert & Gail Ingraham, Gary Itzkowitz, Esther Ivanir, M. Jahangiri, Robert Jenison, Claudia Jessup, Jeffrey Joel, David Johnson, Pauline Johnson, Thomas & Elisabeth Jones, Stanley E. Kacherski D.D.S., Judith Kahn, Paul Kersten, Kurt Keskinen, Marie Killian, Gail King, James Kirgan, Alfred Klein, Bernard Klitzner, John B. & Anne Marie Knowles, Jerome J. Krochmal, Adelaide Kuhni, Edward Kulakowski, Matthew Kulawiec, Francois Lacombe, Nancy E. Lamb, J. John Lamplott III, Michele Law, James Lawrence, William Lechok, Laurie & Gary Legg, M. Elizabeth Leimkuhler Ph.D., Harry Leitzell, Kurt Leland, Kenneth P. Lemmons, Isabel Letelier, Mike Liaudaitis, Richard Livett, Daniel Long, L. Michael Long, Grace Longo, Nancy Madar, Bonnie Mangold, James Magurno, Larry Marcus, Don Marr, Phyllis Martin, Ceci Martinez, Chalkley D. Matlack D.C., Roy Matthews, Elizabeth Maxwell, Freddy Maysonet, David Metcalf, Ralph Meyer, Joanna Middows, Grace Mierswa, Beth Miller, Helena Miller, Shirley Millson, James Minot, Bruce Moen, Josef Montag, Janice Moore, Faith Morgan, Steve & Erika Morgan, Linda Lowe Morris, Jennifer Myer, Daniel McAneny, Florence McElroy, Mark McWiggins, Dr. Margaret Naejer, Phillip Nelson, Jim Nestlerode, Helen Netherton, Matthew Noonan, Mark Ober, Mike & Annette Oharenshaw, Diane Onstad & Kevin Barg, Rick Overton, Thomas W. Parson, Robert Patten, Robert Patterson, Shale Paul, Georgia & Ed Pearson, Eduardo Peralta, Manuel Perez, Lawrence Perkins, Roger Pesch M.D., F. Pisarek, Norman Pohley, Stephen Poirier, Robert Putman, Tammye Delk & Paul Pyzyna, Marion Ray, Nancy Ray, Peter Reuter, Dennis Richards, Anne & Rick Roberts, Sereta Robinson, Alan Rogers, Wayne Rogozinski, Eugene Roireau, Howard Rosenstein M.D., Robert Rosenthal M.D., Dr. Maurice Rothman, Michael Roussos, Dorene Rukse, Jill & Ron Russell, Peter De Ruyter, Christine Sampson, Mark Sandberg, William Schaffer, Steve Schunk, John Schurer, James Scott, Suzanne Selby, Carl Shaffer, Edward Shipley, Stuart Siegel, William Simpson, Ed Slater, James Slone, Harry Slusser, Dean Smiley, Gloria Smith, Richard Smith, Shirley Smith, Catherine Snelson, Di Snodgrass, Sheldon Softky, Hilary Stagg, Carol Stark M.D., Tom & Mary Lou Strauss, James Strickler, Carolyn Sullivan, Nettie Tamler, George Tasch, James Taylor, Robert C. Thurston, Mark Tobias, Charlotte & Frank Tomkow, Ian Townsend, Maureen Trerice, DaveTrevena, Sheldon Tucker, Nancy Vallee, Thea Vanderplaats, Martie Vince, Robert Wachsberger, Sherry Ward, Lynn Walcutt, Marie & Randolph Walker, Neal Walker, Burton Watson, Lucinda Weeks, Mrs. Claire Weinstein, G.K.W. Wergeagentur, Brian Weston, Joseph H. Whatley, Alan Whitefoot, Douglas Wolfe, Richard Wolinsky, Sandy Wollpert, Salley Worledge, John Wright, Laura Wulfhorst, C. Young, Gilwon Yoon, Liega Zidianakis, Fred Zustak

THE LIBERTY PROJECT

For several years, The Monroe Institute has responded to requests from individual prison inmates on a case-by-case basis. We are now establishing a more structured context, with the working title of "The Liberty Project," which will make Hemi-Sync more accessible in prisons. We are seeking names and addresses of groups, organizations, and individuals who can provide information and/or coordinate efforts prison-wide, state-wide and nationwide. Your ideas, comments and participation in this project are most welcome! Please write to the TMI *BULLETIN* c/o The Monroe Institute, Route 1, Box 175, Faber, VA 22938.

The Monroe Institute BULLETIN is published four times annually.
Senior Editors: Leslie France, Nancy McMoneagle.
Managing Editor/ Computer Typesetting, Design, and Graphics: John Dumais.


NON
©CK 1988
MAN, I STILL CAN'T BELIEVE YOU'RE LEAVING!
I HAVE TO, CHUCKIE.
AS A TRANSCENDENTAL EXTRATERRESTRIAL, I AM UNABLE TO FULLY UNDERSTAND THE HUMAN CONDITION HERE ON EARTH. I AM TOO ALIEN IN NATURE TO THE WAYS OF MAN-IN-MATTER.
..IN THE WORLD, BUT NOT OF IT. I HEAR YOU, PAL!
HOWEVER... I HAVE GATHERED ENOUGH EXPERIENCE—INFORMATION TO ACT UPON. AND NOW... I MUST INFORM JEEM.
HAVE YOU CONSCIOUSLY DECIDED WHAT YOU'RE GOING TO DO?
OH... YOU MEAN ABOUT GETTING INVOLVED WITH THOSE OTHER EXTRATERRESTRIALS?
I DON'T KNOW. I'VE GOT SOME SERIOUS THINKING TO DO ABOUT EVERYTHING.
YOU'VE SHOWN ME THAT WE ARE MORE THAN OUR PHYSICAL BODIES... THAT THERE IS SOMETHING GOING ON BEYOND PHYSICAL MATTER REALITY!
I MEAN, GEEZ!.. I'M STARTING TO SOCIALIZE WITH OUT-OF-BODY DOLPHINS AND METAPHYSICAL ALIENS MORE THAN WITH MY OWN FELLOW MAN!!
I'M SOMEWHAT CONFUSED RIGHT NOW.
YOU'VE SHOWN ME MUCH ALSO, CHUCKIE... AND I THANK YOU.
THIS PLANET.. AND ALL THE WAYS LIFE MANIFESTS AND EVOLVES HERE... IT IS SO INCREDIBLE... ...SO BEAUTIFUL... ...SO SPECIAL.
YEAH... I GUESS.
I LOVE YOU, CHUCKIE.
I LOVE YOU TOO, NON.
LET YOUR HEART GUIDE YOU, MY FRIEND... YOU'LL DO ALRIGHT.
HEY, AM I GOING TO SEE YOU AGAIN?
ARE WE NOT OF THE CREATOR?
HA, HA! BE IN EQUANIMITY, CHUCKIE.
TAKE CARE, BUDDY.
SHIT
I'M GOING TO MISS THAT LITTLE BOOGER.

TO BE CONTINUED